

### A Message from our Program Director

We are excited to respond to your interest in our Orthopedic Physical Therapy Residency Program and we commend you for seeking out information on residency education. The Program is credentialed by the American Physical Therapy Association.

The Program is one year in duration. It begins in July and runs through the following July. Two residents are currently accepted per year. The Program consists of three trimester modules, aimed at developing an Orthopedic Specialist as described in the Orthopedic Description of Residency Practice (DRP). Our graduates should be adequately prepared to successfully pass the Orthopedic Specialty Exam the following year. The residency is housed at CCHMC's Liberty Campus and Green Township Campus, which cover the northern region as well as the west-side of Cincinnati, respectively. These are our newest, largest ortho/sports PT clinics in the CCHMC system. A total of ten board-certified faculty members cover these two locations. Some "highlights" of our Program include:

**1) Patient population.** Our primary referral sources are the orthopedic surgeons and sports medicine physicians of Cincinnati Children's. We have a unique niche of a predominantly pediatric population with orthopedic and sports-related injuries. We could not imagine a better population we'd rather be serving. We also treat adults, including hospital employees, which helps provide the resident with exposure to a broader age group. To give you an idea of the demographics, nearly one third of the patients our resident saw last year were 16 years old or older.

**2) Team Culture and Organizational Culture.** Children's is a teaching institution with vast resources and a high value placed on evidence-based practice, professional development, and community service. Our team members are approachable and they are enthusiastic to invest in each other's development. There are a myriad of examples, but here are a few: Our ortho/Sports PT team of 28 therapists develops evidence-based guidelines at a rate of one per year. They recently formed an "Endurance Group" journal club for those interested in improving their treatment of runners with injuries. Our team members operate two community injury screening programs, one for runners and one at a dance studio. And our newest initiatives include community outreach to gymnasts, swimmers, and soccer players. Also at Liberty Campus, the therapists have held to a tradition of "Manipulation Thursdays", a sort of fun approach to regularly practicing manipulations on one another to help improve our skills. We are excited about the dynamic environment the resident will find themselves in.

**3) Compensation and Benefits.** The resident is compensated at seventy five percent of a comparably experienced staff therapist during the residency program, and enjoys the full employee benefits of all other CCHMC staff.

**4) Emphasis on Leadership Development.** As stated in our Residency Mission Statement, the program emphasizes the development of leadership skills. We passionately believe our graduates should be equipped to serve as emerging leaders in the field of orthopedic physical therapy. Our curriculum devotes specific time and training to help the resident develop their unique abilities as a leader. We are passionate not only to assist the resident in becoming one who provides the highest level of clinical care, but we also avidly assist them in becoming a person of influence within our

profession. This element of leadership is included in our vision of an Orthopedic Physical Therapy Specialist.

Initially accredited in 2011 and recredentialed in 2016, our current accreditation is valid through 2026 through the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE). Since 2016, 100% of our residency graduates have successfully passed the Orthopedic Clinical Specialty (OCS) examination and have become Board Certified Specialists in Orthopedic Physical Therapy. Our residency graduates have an extensive list of activities and roles, several of which include serving as residency faculty, participating in clinical research, leading clinical initiatives and participating in community- based services.

Your next step in the application process is to apply through RF-PTCAS. Our application deadline is December 1st. Please do not hesitate to contact me with specific questions.

Again, I want to thank you for your interest and I am happy to provide further assistance in any way that I can.

Sincerely,



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